



West Parry Sound District  
**Community Support Services**  
 21 Belvedere Avenue  
 Parry Sound, ON P2A 2A2  
 PH: 705-746-5602



## Senior Connect & Home Help

Senior Connect and Home Help promotes a safe environment for a seniors' home life through minor repairs, alternations, service navigation, and other supports. Boundaries and limitations apply.

### Eligibility

- Senior 65 years of age and older
- Living in their own home
- No other resources
- Guaranteed Annual Income System Recipient**

Limitations: Light housekeeping is not available.  
 Seasonal Deep Cleaning is available seasonally (4 times per year).

Step one: An in-home safety check list of possible services can include but is not limited to:		
Task	Yes	NO
Cleaning refrigerator /freezer ( food safety)		
Lifting and storing (safe access -reaching)		
Removing clutter (pathways)		
Repositioning furniture (accessibility)		
Water delivery (heavy –safety)		
Garbage – Transfer Site –Dump Run		
Light bulb replacement (safety)		
Light snow shovelling (safety, accessibility)		
Outdoor seasonal chores ( clearing access pathways)		
A home safety repair requiring a handyperson, i.e. safety bars, ramps- this service requires an Occupational Therapist referral required		
Seasonal cleaning is a professional service that may be cost-shared.		
Safety Check		
Kindness Connection Special Needs – Items –Activity –Helping Hands – Friendly Visiting		
Meals –Frozen or Hot		
Socialization / Exercise		
Transportation / Social /Shopping/ Medical		
One-on-one Service navigation		
New Task Identified		
Other Details		

### Request is for

Name:

Phone:

Email:

### Other Contact:

Phone:

Email:

Outside Agency Referral

Contact Name:

Contact #

Organization:

### Consent

- Self-referral**
- Verbal**
- Signed** \_\_\_\_\_
- Date:** \_\_\_\_\_

**Cost:** The client must cover the supplies and other costs negotiated outside the agreed-upon Home Help service plan. There is no fee for the service provided.

**Client consent to make a referral:** I agree to have my name and contact information released to West Parry Sound Community Support Services for the described reasons.

**Verbal Consent:**  Initial: \_\_\_\_\_

### *Service Summary Definitions*

#### **Who is Eligible?**

The Senior Connect Home Help is intended for people 65 years of age and older who receive the Guaranteed Income Supplement and whose everyday routines have been disrupted by life transitions caused by one or more areas of concern: health and wellness, mobility, weakness, loss, loneliness, dementia, caregiver burnout or risk of reoccurring hospitalization.

#### **Service Area: West Parry Sound District**

- **Friendly Visiting helps seniors keep in touch with each other. A personal plan describes desired activities. Volunteers and clients are both screened and matched accordingly. All matches are monitored and evaluated ongoing. Clients are responsible for their out-of-pocket expenses, for example, lunch, coffee, and particular activity, i.e. a show or the Island Queen. No Fee.**
- **Transportation services are provided for medical and personal errands and activities. User fees apply with exception when approved under Senior Connect guidelines.**
- **Hot and frozen meals can be tailored to specialized dietary needs. Delivery or pick-up can be arranged. Those approved for Senior Connect will receive free meals.**
- **Seniors' Lunch and Learn allows socializing and eating with friends. Lunch and Learns is also a valuable link to exercise classes, group activities, peer support, and other senior services.**
- **The Kindness Project supports those whose need exceeds most possible causes, including low income or other health, emotional or physical limitations frequently causing a gap in service.**
- **Home Help promotes a safe environment for seniors living in their homes. Boundaries and limitations apply.**

#### **Office Use**

#### **Home Help Volunteer Statistics for Grant Report**

**Volunteer's Name** \_\_\_\_\_

**Client's Name** \_\_\_\_\_

<b>Date</b>	<b>Task</b>	<b>Mileage</b>	<b>Hours</b>